EASY GIRL



Nore, a free-spirited femme fatale, moves in with former classmate and serious medical student Jonna. As they frolic through carefree one-night stands with throwaway men, they come to face Nore's deeply troubled past as a roadblock to happiness.

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Synopsis

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Long Synopsis

Nore is a self-styled femme fatale who refuses to spend a night alone—even if it means relying on strangers. Without a home of her own, she drifts from one pub rendezvous to the next, seducing admiring regulars. But one evening, when her charms fall flat, she runs into Jonna, a reserved medical student and former classmate, who offers her a spare room.

Reunited, the two women fall into an intoxicating rhythm: nights out on the town, adorned in Nore's handmade, flamboyant wardrobe, rarely ending without a man at their side. Yet cracks soon form. Jonna, initially swept up in the whirlwind, grows weary of the revolving door of lovers. After a chance night with one of Nore's cast-offs, Michel, she finds herself in an unexpected relationship, leaving Nore increasingly adrift.

Beneath Nore's dazzling façade and bravado lies a fragility she can't outrun. She preaches freedom, danger, and living boldly, yet her joy is fleeting, shadowed by unresolved trauma from her past. When she spirals toward self-destruction, Michel urges Jonna to intervene.

Together, they peel back the layers of Nore's history, revisiting the exuberance of her younger self—and the deep pain it concealed. In confronting her past, Nore begins to reframe her wounds, opening the possibility of healing, self-acceptance, and a future no longer defined by the ghosts of yesterday.

Director's Notes

I wanted to make a movie about the long-term consequences of sexual violence that helps to understand and heal. Because even though many of us have experienced sexual violence and the topic is present, I felt that we barely understand it in depth.

We talk about rape as the unimaginable and the unspeakable and about those affected as broken. We don't ask because we know about the shame of victims and don't want to get too close to anyone. But rape isn't unimaginable at all—many people even experience it. Sexual violence isn't hard to understand either, you can explain it, but for that you have to talk about it. How do you want to help someone you don't understand, and how do you want to understand someone you don't talk to because you don't dare to ask? How is someone supposed to speak who feels ashamed? And how are you supposed to stop feeling ashamed when you know that everyone will consider you "broken"?

I wanted to understand all of this, and that's why I made this film. I tried to understand why one feels shame—and what it's like when you break the silence. I wrote from the perspective of someone that experienced sexual abuse. So, I tried to answer in EASY GIRL the questions that troubled me most: Was it my fault? Why didn't I fight back? Why did I keep going back? What did it do to me? And why do I still have to think about it years later? That's why EASY GIRL dares to illuminate the painful grey areas and explore the root of traumatization—to make ambivalence tangible and understandable. The film also shows how trauma gets "voluntarily" repeated over and over, one of the most insidious long-term consequences.

It was equally important to me to be understood by my family, friends, and partner. That's why the story is told from the perspective of two women, Jonna and Nore. The viewer can choose which character to identify with: the woman who experienced abuse, or the friend who experienced violence-free sexuality.

I wanted to make an empathetic film: It was my wish to create a film that entertains, explains, is painfully honest, and comforts. If the core is already serious, the rest has to be fun and funny—or at least beautiful to look at. That's why the film's tone is candy-colored, wild, cheeky, young and funny despite the serious subject matter. Because I believe you can treat difficult topics in a life-affirming atmosphere too.

The film's core message is simple: Love heals, friendship saves, talking and listening ends loneliness. That's why the narrative doesn't leave Nore alone in the moments when she felt most lonely.

From my perspective, the story is held together by Nore's zest for life—and by her idiosyncratic but charming nature. Nore doesn't ingratiate herself—neither with Jonna nor with the audience. She doesn't make it easy to like her, with her brusque, biting attitude and bitter tongue. But at the same time she's so effervescent, cheerful, down-to-earth, hardworking and hopeful that it's hard to keep her at a distance.

Nore is strange, yes. But once you've gotten used to her, it's a shame when she's no longer there. She's a woman who says yes to life and would rather get hurt once more than have experienced nothing. Who loves, lives, celebrates and hopes. She has unconditional courage for happiness.

All of us who have a life know: The result of radical honesty is ambivalence. The world of my film is no different, and I hope I succeeded in making a film that explains with a wink why everything is so complicated. And when you've understood why everything is complicated, it's suddenly no longer complicated—but simply painful. Because it goes deep. And you only cry because you carry so much justified hope within you that it could end well too. And for us, who hope and love, it can only end well.

ABOUT THE DIRECTOR

Hille Norden is a German writer/director who was born in Kiel in 1998. She made several short films and two documentary films and is a recipient of the Schleswig-Holstein Screenplay Award. She is also a co-author of the ZDF series *Mandat Für Mai*, which premiered in Germany in March 2024. *Easy Girl* is her fiction feature debut.

ABOUT THE PRODUCTION COMPANY

Leitwolf Filmproduktion GmbH, founded in 2016 and headquartered in Hamburg, is an independent German film production company led by Rüdiger Wolf, Anette Unger, and Sven Rudat. The company focuses on the development and production of feature films, television projects, and family entertainment with strong artistic ambition and social relevance. Its portfolio includes works such as *Greetings from Mars (2024)*, Totem (2022) and *Martin and the Magical Forest (2021)*, which reflect Leitwolf's commitment to original storytelling storytelling, creative collaboration with both emerging and established filmmakers, and engagement in national as well as international co-productions.

ABOUT THE CAST

Dana Herfurth who plays Nore is a German actress known for her work in film, television, and theatre. Raised partly in the Netherlands, she attended Segbroek College in The Hague with a focus on visual arts before joining the youth ensemble at Theater Bremen. From 2018 to 2022, she studied acting at the Hochschule für Schauspielkunst Ernst Busch in Berlin. Her screen credits include *The Disappearance of Josef Mengele (2025), The Universal Theory* (2023), *Invisible Attacker* (2023) and the Disney+ series *Call My Agent: Berlin* (2025). On stage, she has appeared in productions such as Der Theatermacher at the Berliner Ensemble. Fluent in German, Dutch, English, and French, Herfurth was awarded the Bunte New Faces Award for Best Young Actress (Drama) in 2025.

THE CAST

Dana Herfurth – Nore Luna Jordan - Jonna Vera Fay – Younger Nore Jakob Gessner – Michel

THE CREW

Director – Hille Norden
Writer – Hille Norden
Producers – Anette Unger, Sven Rudat
Co-Producer - Matthias Greving
Cinematographer – Bine Jankowski
Editor - Sarah Guggolz
Production Designer – Max Josef Schoenborn
Costume Designer - Hanna Pulkinnen
Sound Designer - Anders Wasserfall

TECH SPECS

Running Time: **122 min** Aspect Ratio: **1.85**

Sound: **5.1**

Shooting Format: **Digital, Color**

Languages: German

Production Country: **Germany**

Production Company: **Leitwolf Filmproduktion**Co-Production Company: **Kinescope Film**







